# MICHIGAN COMMISSION ON SERVICES TO THE AGING Ramada Lansing Hotel and Conference Center 7501 W. Saginaw Hwy; Lansing, MI September 21, 2012 @10:00 AM

### **MINUTES**

### **CALL TO ORDER**

Commissioner Mast called the meeting to order at 10:00 A.M.

Commissioner Mast welcomed the Commissioners. This was followed by the Pledge of Allegiance.

#### **COMMISSION ROLL CALL**

The Commission roll call was taken and a quorum was present.

#### **COMMISSION MEMBERS PRESENT**

Harold Mast, Michael Bartus, Shannon English, Gerald Irby, Kathleen Johnston-Calati, Donna Murray-Brown, Donald Newport, Renee Parnell, Patricia Rencher, Jeffery Schade, Michael Sheehan, Janice Wilson, James Wright and Kristie Zamora.

#### **COMMISSION MEMBERS ABSENT (Excused)**

Owen Bieber.

# **COMMISSION MEMBERS ABSENT (Un-excused)**

None.

#### OFFICE OF SERVICES TO THE AGING (OSA) STAFF PRESENT

Kari Sederburg, Rhonda Powell, Eric Berke, Steve Betterly, Amy Colletti, Dan Doezema, Carol Dye, Annette Gamez, Laura McMurtry, Wendi Middleton, Sarah Slocum, Sally Steiner, Lauren Swanson, Julia Thomas and Scott Wamsley.

#### **VISITORS/GUEST PRESENT**

Mary Ablan, Executive Director, Michigan Area Agencies on Aging Association of Michigan, Tina Abbate-Marzolf, Executive Director, Region 1-B AAA, Andrea Layman, Region 1-B AAA, Bob Brown, Executive Director, and Jason Maciejewski, Region 1-C AAA, Jason Maciejewski, Region 1-C AAA, Judy Sivak, Executive Director, Region 3-A AAA, Karla Fales, Executive Director, Region 3-B AAA, John Gelletiob, Region 3-B AAA, Laurie Sauer, Executive Director, Region 9 AAA, Robert Schlueter, Executive Director, Region 10 AAA, Jonathon Mead, Executive Director, Region 11 AAA, Pam Curtis, Executive Director, Region 14 AAA, Amy Floria, Region 14 AAA, and Dee Collins, Complete Health, Inc.

#### APPROVAL OF AGENDA

Commissioner Mast asked for a motion to approve the agenda.

A motion was made by Commissioner Johnston-Calati to approve the agenda. Commissioner Schade seconded the motion. The motion was approved unanimously with a voice vote.

#### APPROVAL OF COMMISSION MINUTES

Commissioner Mast asked for a motion to approve the August 17, 2012 minutes.

A motion was made by Commissioner Sheehan to approve the minutes. Commissioner Schade seconded the motion. The motion was approved unanimously with a voice vote.

# INFORMATION FROM INDIVIDUALS OR DELEGATIONS CONCERNING AGENDA ITEMS

Commissioner Mast invited Mary Ablan, Executive Director of the Area Agency on Aging Association of Michigan (AAAAM) to address the Commission.

Ms. Ablan provided handouts and background on AAAAM, which is a non-profit 501c3 organization representing Michigan's 16 AAAs who provide member services.

Ms. Ablan stated Michigan was the first state to create an association in 1974, primarily to coordinate advocacy and to magnify the power of the 16 AAAs working together in partnership with OSA and service providers, for the independence and dignity of older adults. AAAAM publicizes a newsletter and advocacy alert they distributed to the aging network, their partners and all concerned.

Ms. Ablan provided an overview of the proposed Federal sequestration, noting that as of January 2, 2013, if nothing is acted upon by Congress, Michigan stands to face an eight percent cut in funding for all federal discretionary programs, and stated there has to be action to address this and asked everyone to contact their members of Congress about this issue.

Ms. Ablan provided written testimony she'll present to the Senate Insurance Committee related to Blue Cross Blue Shield and recently introduced Senate Bills 1293 and 1294.

Commissioner Mast invited Ms. Ablan to attend all meetings and provide updates.

#### **COMMISSION CHAIR REPORT**

Commissioner Mast stated biographical sheets on the Commissioners were on the tables so everyone can better know the Commissioners.

Commissioner Wright thanked the Commission and staff for recognizing his loss.

Commissioner Mast stated a subgroup of the Commission started discussion on Adult Foster Care regulations and in that group, with the term limits of Commissioners, there was one Commissioner who left and he asked one more Commissioner to volunteer to join this group to continue discussions in the next couple of months.

# **OSA DIRECTOR REPORT**

Commissioner Mast asked Director Kari Sederburg for her report.

Director Sederburg provided handouts addressing requests from the last meeting, which included AAA AIP funded services summary and AIP services by fund sources summary.

Director Sederburg provided a press release from the Governor's office with comments from advocates, service providers and others related to the potential shift with Blue Cross Blue Shield of Michigan, noting OSA stands with the Governor on this, and the Commission, as an independent body, can make recommendations or suggestions if they choose. OSA will gather more information and share it with the Commissioners as it becomes available.

Commissioner Mast stated he would address this with the Commission, return to the next meeting and discuss their concerns and stance.

Director Sederburg introduced Annette Gamez, Deputy Director Rhonda Powell's new executive secretary.

Director Sederburg stated OSA will receive a Federal grant for ADRCs in the amount of \$250K a year for three years related to making them sustainable, and a second grant for \$575K for three years, as long as the first and second years go well, related to evidence-based disease prevention and self-management programs like PATH and chronic disease management, and will be expanded to include persons with disabilities, low income persons and veterans.

Director Sederburg reiterated the five percent flexibility rule written into Commission memos for those instances when grant notices are received early, sometimes funding needs to slightly shift, and the Commission agreed that OSA can have the flexibility of plus or minus five percent to adjust the funding, so memos wouldn't have to be brought back again to the Commission for the approval of the same funding.

Director Sederburg acknowledged the need to have the pending eight elder abuse bills pass by the end of the year and indicated a strategy is in place to do so.

Director Sederburg announced legislation of the Older American's Act reauthorization, noting OSA will review any changes and inform the Commission of any modifications. The sequestrations will also be reviewed reflecting the possibility of an eight percent cut.

Director Sederburg met with Commissioner Irby and the Marquette Senior Providers Network who presented some beneficial ideas and concerns that OSA will be utilizing. Director Sederburg met with Commissioner Zamora and Presbyterian Villages of Michigan, who invited the Commission on a tour of the new affordable assisted living facility when the project's construction is completed.

#### **BUSINESS ITEMS**

# Approval to Aamend the Fiscal Year 2013 Merit Award Trust Fund (MATF) <u>Caregiver Support Program Allocations</u>

Dan Doezema, OSA staff, requested approval to amend Region 11A MATF.

Mr. Doezema stated the MATF grant was received on behalf of the State of Michigan tobacco settlement dollars and will be allocated towards funding to benefit elder persons and caregivers in their homes if approved.

Mr. Doezema discussed the allocation of services directed toward the My Choice Waiver and regional organizations that typically serve multiple counties. Funding is being requested to be allocated to elders, persons with disabilities 18 years and older, respite care and 50 percent towards adult daycare.

A motion was made by Commissioner Wilson for approval of Fiscal Year (FY) 2013 MATF Caregiver Support Program allocations to add service provision requests as presented. The motion was seconded by Commissioner Sheehan.

The Commission approved with a 14-0-0 vote.

## Approval of the FY 2013 AIP for Region 11 AAA

Dan Doezema, OSA staff, requested approval of the FY 2013 AIP for Region 11-AAA.

Mr. Doezema introduced Jonathon Mead, Chief Executive Officer of Region 11 AAA, UPCAP Services, Inc. and he provided a brief overview of the services they provide, including a 2-1-1 call center, senior housing development, a community corrections program and a conflict mediation program.

Mr. Doezema provided an overview of the AIP and stated the completion of the compliance assessment and public hearing were conducted with no concerns or special conditions. Mr. Dozema also requested approval of Region 11-AAA transfer of funds.

A motion was made by Commissioner Irby to approve the FY 2013 AIP for Region 11 AAA AIP and for the amendment to transfer funds as presented. The motion was seconded by Commissioner Wright.

Brief discussion followed and the Commission approved with a 14-0-0 vote.

### Approval of the FY 2013 AIP for Region 9 AAA

Dan Doezema, OSA staff, requested approval of the FY 2013 AIP for Region 9 AAA.

Mr. Doezema introduced Laurie Sauer, Executive Director of the Region 9 AAA.

Mr. Doezema provided a brief overview of the AIP and stated the completion of the compliance assessment and public hearing was conducted and noted there were no concerns or special conditions.

Mr. Doezema requested approval of Appendix H to represent Title IIIB, which includes 10 percent of agency funds be allocated toward services.

A motion was made by Commissioner Newport to approve the FY 2013 AIP for Region 9 AAA and for the transfer of funds as presented. The motion was seconded by Commissioner Murray-Brown.

Brief discussion followed and the Commission approved with a 14-0-0 vote.

#### Approval of the FY 2013 AIP for Region 10 AAA

Dan Doezema, OSA staff, requested approval of the FY 2013 AIP for Region 10-AAA.

Mr. Doezema introduced Robert Schlueter, Executive Director of Region 10 AAA. Mr. Schlueter provided a brief background on his agency and their programs.

Mr. Doezema provided a brief overview of the AIP and stated the compliance assessment and public hearings were conducted with no concerns or special conditions.

A motion was made by Commissioner Wright to approve the FY 2013 AIP for Region 10 AAA as presented. The motion was seconded by Commissioner Sheehan.

Discussion followed and the Commission approved with a 14-0-0 vote.

# Approval of the FY 2013 AIP for Region 14 AAA

Eric Berke, OSA staff, requested approval of the FY 2013 AIP for Region 14 AAA.

Mr. Berke introduced Pam Curtis, Executive Director and Amy Floria, Community Services Director of Region 14 AAA, Senior Resources.

Ms. Curtis provided a brief overview of Region 14 AAA and discussed new technology available to locate missing seniors with Dementia within 30 minutes.

Mr. Berke provided a brief overview of the AIP and stated the compliance assessment and public hearing were conducted with no concerns or special conditions.

A motion was made by Commissioner Johnston-Calati to approve the FY 2013 AIP for Region 14 AAA as presented. The motion was seconded by Commissioner Sheehan.

Ms. Curtis invited the Commission to visit her Tanglewood Park Region Facility.

Discussion followed and the Commission approved with a 14-0-0 vote.

#### Approval of the FY 2013 AIP for Region 1-C AAA

Laura McMurtry, OSA staff, requested approval of FY 2013 AIP for Region 1-C AAA.

Mrs. McMurtry introduced Bob Brown, Executive Director and Jason Jason Maciejewski, Chief Planning and Information Officer of Region 1-C AAA.

Mr. Brown provided a brief overview of his agency and discussed care transitions and the importance of non-emergency medical based transportation for seniors with no means of transportation to attend medical appointments.

Ms. McMurtry provided a brief overview of Region 1-C AAA's AIP and stated the compliance assessment and public hearing were conducted with no concerns or special conditions.

Ms. McMurtry referenced an appendix for entrepreneurial activities of fund raising activities and noted three new regional service definitions of Evidence Based Disease Prevention, Caregiver Transportation and Caregiver Legal programs.

Commissioner Sheehan questioned a miscalculation in the funding data.

A motion was made by Commissioner Parnell to table the vote on the FY 2013 AIP for Region 1-C AAA until corrected data could be provided. The motion was seconded by Commissioner English.

The motion was approved unanimously with a voice vote.

Ms. McMurtry and Mr. Brown returned and presented an updated data page showing corrected funding amount data, and requested approval of the amendment of the FY 2013 AIP for Region 1-C AAA as presented.

A motion was made by Commissioner Sheehan to approve the amended FY 2013 AIP for Region 1-C AAA as presented. The motion was seconded by Commissioner Irby.

Discussion followed and the Commission approved the request with and 12-0-0 vote.

### Approval of the FY 2013 AIP for the Region 1-B AAA

Steve Betterly, OSA staff, requested approval of the FY 2013 AIP for Region 1-B AAA.

Mr. Betterly introduced Tina Abbatte-Marzolf, Executive Director and Andrea Lane, Manager of Region 1-B AAA.

Ms. Abbate-Marzolf provided a brief overview of her agency, including and the achievement of CARF (Commission on Accreditation of Rehabilitation Facilities).

Mr. Betterly provided a brief overview of the AIP and stated the compliance assessment and public hearing were conducted with no concerns or special conditions.

Mr. Betterly requested approval for the direct provision of services for the disease prevention health promotion services to help facilitate the delivery of evidence based programs and requested approval of Region 1-B AAA FY13 implementation plan.

A motion was made by Commissioner Wilson to approve FY 2013 AIP for Region 1-B AAA as presented. The motion was seconded by Commissioner Zamora.

Discussion followed and the Commission to hold the request with and 13-0-0 vote.

#### Approval of the FY 2013 AIP for the Region 3-A AAA

Steve Betterly, OSA staff, requested approval of the FY 2013 AIP for Region 3-A AAA.

Mr. Betterly introduced Judy Sivak, Director Region 3-A.

Mrs. Sivak highlighted her agency and the region's focus on public health, emergency preparedness, community action agency, county veterans and hospital care transitions.

Mr. Betterly provided a brief overview of Region 3-A's AIP and stated the compliance assessment and public hearing were completed with no concerns or special conditions.

A motion was made by Commissioner Irby to approve the FY 2013 AIP for Region 3-A AAA as presented. The motion was seconded by Commissioner Wilson.

Discussion followed and the Commission approved with a 12-0-0 vote.

### Approval of the FY 2013 AIP for the Region 3-B AAA

Steve Betterly, OSA staff, requested approval of the FY 2013 AIP for Region 3-B AAA.

Mr. Betterly introduced Karla Fales, Chief Executive Officer and John Gelletiob, Coordinator for Region 3-B AAA.

Ms. Fales provided a brief overview of her agency, noting 3-B AAA's strategic plan focuses on improving fiscal and programmatic stability, and valuing collaboration of services such as elder abuse prevention.

Mr. Betterly provided an overview of Region 3-B's AIP and stated the compliance assessment and public hearing were conducted with no concerns or special conditions, and for approval for Appendix I, which included the transfer of grant funds if needed.

A motion was made by Commissioner Wright to approve the FY 2013 AIP for Region 3-B AAA as presented. The motion was seconded by Commissioner Wilson.

Commissioner Wright expressed his appreciation to the agency for providing outstanding services to him and his wife.

Discussion followed and the Commission approved with a 12-0-0 vote.

# **Approval of Amended Senior Project FRESH Grant FY 2013**

Wendi Middleton, OSA staff, requested approval of the FY 2013 Project FRESH Grant

Mrs. Middleton provided an overview on the progress of Project FRESH and requested an increase in the allocated funds divided between FY 2012 and 2013.

A motion was made by Commissioner Wilson to approve the Project FRESH grant as presented. The motion was seconded by Commissioner Wright.

Discussion followed and the Commission approved with a 12-0-0 vote.

Mrs. Middleton stated that thus, far the program has distributed 290,000 \$2 coupons.

#### Distribution of Long Term Care Ombudsman Title VII/A Funding

Sara Slocum, OSA staff, requested approval to distribute Long Term Care Ombudsman Title VII/A funding.

Ms. Slocum stated these funds will be used to support ongoing local ombudsman services, including complaint intake and resolution, consumer and family support in selecting long term care options, educational outreach to residents, providers and others regarding resident rights, abuse prevention and other related topics.

A motion was made by Commissioner Sheehan to approve the distribution of Long Term Care Ombudsman Title VII/A funding as presented. The motion was seconded by Commissioner Irby.

Discussion followed and the Commission approved with a 12-0-0 vote.

<u>Distribution of Long Term Care Ombudsman Civil Monetary Penalty Funding</u>
Sara Slocum, OSA staff, requested approval to distribute Long Term Care Ombudsman Civil Monetary Penalty funding grant award.

Ms. Slocum specified the grant funds available were generated from nursing home penalties or citations seized by the State of Michigan and granted to the Ombudsman program, which may be used to enhance the effectiveness existing programs, including support of local ombudsman programs.

A motion was made by Commissioner Johnston Calati to approve the distribution of Long Term Care Ombudsman Civil Monetary Penalty funding grant awards as presented. The motion was seconded by Commissioner Bartus.

Discussion followed and the Commission approved with a 12-0-0 vote.

# Approval of Ombudsman Funds to Region IIIA Area Agency on Aging

Sara Slocum, OSA staff, requested approval of Ombudsman funds to Region III-A AAA.

Mrs. Slocum stated the funds received from Civil Monetary Penalty (CMP) funds to provide continuing mentoring and technical assistance to local ombudsmen statewide, and allows local ombudsmen to access to assistance in problem resolution and working with facilities.

A motion was made by Commissioner Zamora to approve the Ombudsman Funds to Region III-A AAA as presented. The motion was seconded by Commissioner Bartus.

Discussion followed and the Commission approved with a 12-0-0 vote.

# Approval to Distribute Grant Funds from Money Follows the Person Project, Quality of Life (QoL) to the Michigan Disability Rights Coalition

Sara Slocum, OSA staff, requested approval to distribute grant funds from Money Follows the Person (MFP) Project, QoL to the Michigan Disability Rights Coalition (MDRC).

Ms. Slocum stated the Federal Centers for Medicare and Medicaid Services (CMS) funds will be used to continue a multi-year project to interview people who transition out of nursing facilities to living on their own or in adult foster care homes, regarding their satisfaction with the type and quantity of services, and unmet needs using a CMS interview process, ensuring HIPPA confidentiality policy/standards are adhered to.

A motion was made by Commissioner Irby to approve the distribution of grant funds from MFP QoL to the MDRC as presented. The motion was seconded by Commissioner Murray-Brown.

Commissioner Mast requested Ms. Slocum provide a report as it becomes available containing the data collected from the OSA evaluations.

Discussion followed and the Commission approved with an 11-0-1 vote.

# Approval to Distribute Grant Funds from Money Follows the Person Project, Option C to Michigan Disability Rights Coalition

Sara Slocum, OSA staff, requested approval to distribute grant funds from MFP, Option C to MDRC.

Ms. Slocum stated the CMS funds will be used to continue the pilot project to transition elderly out of nursing home facilities to live in their own home or adult foster care home using MI Choice Home and Community-Based Waiver supports and services.

Ms. Slocum noted this project includes an active stakeholder committee who advises staff on the development of this program, and will be overseen and supervised by her.

A motion was made by Commissioner Wilson to approve the distribution of grant funds from MFP, Option C to MDRC as presented. The motion was seconded by Commissioner Parnell.

Discussion followed and the Commission approved with an 11-0-1 vote.

# <u>Approval to Revise Fiscal Year (FY) 2012 Senior Volunteer Services State</u> <u>Allocations</u>

Julia Thomas, OSA staff, requested approval to revise FY 2012 Senior Volunteer Services state allocations.

Ms. Thomas requested approval to reallocate this funding from Region IV Area Agency on Aging and Human Resources Authority due to lack of enrollment in the Foster Grandparent and Senior Companion Programs and be reallocated to other statewide regions to support stipend payments, volunteer mileage, recruitment activities and other necessary purchases.

A motion was made by Commissioner Wright to approve the Revision of FY 2012 Senior Volunteer Services State Allocations program as presented. The motion was seconded by Commissioner Wilson.

Discussion followed and the Commission approved with a 12-0-0 vote.

Approval to Revise Fiscal Year 2013 Senior Volunteer Program State Allocations
Julia Thomas, OSA staff, requested approval to revise FY 2013 Senior Volunteer
Program State Allocations.

Ms. Thomas provided a handout detailing how the state funding would be allocated to the Foster Grandparent, Retired & Senior Volunteer and Senior Companion Programs.

A motion was made by Commissioner Wright to approve the allocation of state funds to the Foster Grandparent Program as presented. The motion was seconded by Commissioner Wilson.

The Commission approved with a 12-0-0 vote.

A motion was made by Commissioner Wright to approve the allocation of state funds to the Retired & Senior Volunteer Program as presented. The motion was seconded by Commissioner Wilson.

The Commission approved with a 12-0-0 vote.

A motion was made by Commissioner Wright to approve the allocation of state funds to the Senior Companion Program as presented. The motion was seconded by Commissioner Wilson.

The Commission approved with a 12-0-0 vote.

Approval of Fiscal Year (FY) 2013 Grant to Michigan Disability Rights Coalition (MDRC) for Aging and Disability Resource Center (ADRC) Development

Wendi Middleton, OSA staff, requested approval of FY 2013 grant to MDRC for ADRC development.

Ms. Middleton stated the FY 12 & 13 funding will maintain continuity of OSA's ADRC development project to reach the goal of fully-functional ADRCs statewide by 2014, noting this grant is dependent upon the receipt of a grant from AoA and the approval of a no-cost extension of the FY 2009-2012 ADRC grant.

A motion was made by Commissioner Schade to approve the FY 2013 grant to MDRC for ADRC development as presented. The motion was seconded by Commissioner Sheehan.

Discussion followed and the Commission approved with an 11-0-1 vote.

# <u>Approval of Alzheimer's Disease Supportive Services Program (ADSSP)</u> <u>Extension Grant: Year Three Grant Awards</u>

Wendi Middleton, OSA staff, requested approval of the ADSSP extension grant: year three grant awards.

Ms. Middleton stated as part of the ADSSP expansion grant, this project is for year three of the three-year evidence-based project for the "Creating Confident Caregivers – Michigan's Expansion Project," using the Savvy Caregiver Program.

A motion was made by Commissioner Wilson to approve the ADSSP extension grant: year three grant awards as presented. The motion was seconded by Commissioner Sheehan.

Discussion followed and the Commission approved with a 12-0-0 vote.

#### **INFORMATION AND COMMENTS**

<u>Discuss 2013 Schedule of Commission Meetings and Public Hearings</u> Presented by Carol Dye, OSA staff.

Ms. Dye provided the 2013 monthly Commission meeting dates still available and a geographic map showing the previous five years meeting and public hearing locations.

The Commission reviewed and tentatively agreed to schedule 2013 meetings as follows: March 15 in Midland; April 19 in Lansing, which will be a joint meeting with the

State Advisory Council (SAC); June 21 in Muskegon at the Tanglewood location, July 19 in Branch St. Joseph Co., Region 3-C AAA and October 18 in Sault Ste. Marie.

The Commission tentatively agreed to schedule 2014 meetings in Benton Harbor, St. Clair County, Branch County. Cold Water, and to hold the April meeting in Lansing and as a joint meeting with the SAC.

#### **ANNOUNCEMENTS**

Ms. Middleton stated the collaboration of the SAC meeting dates will be coordinated with Commission meetings moving forward when available.

### **ADJOURN**

Commissioner Mast asked for a motion to adjourn the meeting.

A motion to adjourn was made by Commissioner Wright. The motion was seconded by Commissioner Wilson. The motion to adjourn was approved unanimously by voice vote.

Commissioner Mast adjourned the meeting at 2:51 PM.